



Component #1: “P.I.C.” “Family Life Support Groups

The P.I.C. Family Life Support Groups are mentoring/life skills classes and support group opportunities. These groups are offered to the parents/guardians of youth who are involved in juvenile justice or find themselves in crisis throughout the county. The format of these classes is a group mentoring and support group setting. Trained staff and presenters work with the special needs of youth referred to the program and their families. The participants are taught subjects and skills, such as: parenting skills, communication skills, goal setting, family violence, prevention resources, food safety and nutrition, etc. These groups not only offer educational and skill improvement opportunities, they are also a vehicle of support for the parents. Parents discuss and share their concerns and difficulties. Parents learn new and healthy ways to parent their children and to handle life and many of life’s problems.